

Sports Horse Medicine & Orthopaedics – A 2-Day Practical Course

COURSE DATE: Fri 19 – Sat 20 Apr 2024 **COURSE VENUE:** Pferdeklinik Pasterk Ebreichsdorf, Vienna, Austria

SPEAKERS/INSTRUCTORS:



Andy Fiske-Jackson BVSc, MVetMed, FHEA, Dipl.ECVS, MRCVS
European Specialist in Equine Surgery
Senior Lecturer in Equine Surgery, Royal Veterinary College, London, England



Fe ter Woort DVM, DVSc, Dipl.ACVIM
American Specialist in Equine Internal Medicine
Equine Sports Medicine Practice, Waterloo, Belgium

PROGRAM:

DAY 1

07:30 – 08:00	<i>Registration & Welcome Coffee</i>	
08:00 – 08:10	Course Introduction	Course Administrator
08:10 – 08:50	A Novel Perspective on Overground/Dynamic Endoscopy	Fe ter Woort
08:50 – 09:30	Lameness Examination – When things get complicated	Andy Fiske-Jackson
	Reliability/Repeatability of Blocks, Multi-Site/Limb Lameness etc.	
09:30 – 10:00	New Ways of using Haematology & Biochemistry in Sports Horses	Fe ter Woort
10:00 – 10:10	Questions	
10:10 – 10:30	<i>Advanced Monitors Corporation Coffee Break</i>	
10:30 – 11:30	Applications for Objective Lameness Evaluation Analysis (Sports Horses)	Andy Fiske-Jackson
11:30 – 12:30	Latest Developments in Orthopaedic Therapies – Polyacrylamide, Resveratrol, Pro-Stride, IRAP, Allogeneic Stem Cell Therapy, PrP etc.	Andy Fiske-Jackson
12:30 – 12:40	Questions	
12:40 – 13:40	<i>Lunch</i>	
13:40 – 14:20	Which Heart Murmurs are relevant in Sports Horses	Fe ter Woort
14:20 – 15:20	Practical Equine Rehabilitation – A review of Available Modalities	Andy Fiske-Jackson
15:20 – 15:40	<i>Eickemeyer-Equinosis Coffee Break</i>	
15:40 – 16:00	Overground/Dynamic Endoscopy Demonstration	Fe ter Woort

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DAY 1 (continued)

- 16:00 – 18:00** Practical Sessions on live Horses in Small Groups
- **Distal Limb Ultrasound – Attendees to choose area to examine** Andy Fiske-Jackson
 - Digital Flexor Tendon Sheath & Fetlock or
 - Pastern Region
 - **Upper Respiratory Endoscopy & Overground Case Discussions** Fe ter Woort
- 18:00 – 19:00** *Wine & Cheese Reception*

DAY 2

- 08:00 – 08:40** Exercise Testing – Identifying Subclinical Problems in Sports Horses Fe ter Woort
- 08:40 – 09:20** Contentious Issues in Sports Horse Pre-Purchase Examination Andy Fiske-Jackson
- 09:20 – 10:20** Feeding the Competitive Athlete Fe ter Woort
- 10:20 – 10:30** Questions
- 10:30 – 11:00** *AstoCT Coffee Break*
- 11:00 – 13:00** Practical Sessions on live Horses in Small Groups
- **Exercise Testing – Heart Rate Monitoring, ECG Analysis, Lactate Measurements etc.** Fe ter Woort
 - **Ultrasound of the Stifle Region** Andy Fiske-Jackson
- 13:00 – 14:00** *Lunch*
- 14:00 – 16:00** Practical Sessions on live Horses in Small Groups
- **Laryngeal Ultrasound & ECG Case-Discussions** Fe ter Woort
 - **Objective Lameness Evaluation as part of the Lameness Examination** Andy Fiske-Jackson
- 16:00 – 16:30** *Coffee Break, Questions, Discussions & Final Comments*