

## Sports Horse Medicine & Orthopaedics – A 2-Day Practical Course

**COURSE DATE:** Fri 10 – Sat 11 May 2024    **COURSE VENUE:** Oakham Veterinary Hospital, nr Leicester, United Kingdom

### SPEAKERS/INSTRUCTORS:



**Andy Fiske-Jackson BVSc, MVetMed, FHEA, Dipl.ECVS, MRCVS**  
European Specialist in Equine Surgery  
Senior Lecturer in Equine Surgery, Royal Veterinary College, London, England



**Fe ter Woort DVM, DVSc, Dipl.ACVM**  
American Specialist in Equine Internal Medicine  
Equine Sports Medicine Practice, Waterloo, Belgium

**3<sup>rd</sup> Instructor to be confirmed**

### PROGRAM:

#### DAY 1

<b>07:30 – 08:00</b>	<i>Registration &amp; Welcome Breakfast</i>	
<b>08:00 – 08:10</b>	Course Introduction	Course Administrator
<b>08:10 – 08:50</b>	<b>A Novel Perspective on Overground/Dynamic Endoscopy</b>	Fe ter Woort
<b>08:50 – 09:30</b>	<b>Lameness Examination – When things get complicated</b> Reliability/Repeatability of Blocks, Multi-Site/Limb Lameness etc.	Andy Fiske-Jackson
<b>09:30 – 10:00</b>	<b>New Ways of using Haematology &amp; Biochemistry in Sports Horses</b>	Fe ter Woort
<b>10:00 – 10:10</b>	Questions	
<b>10:10 – 11:40</b>	<i>Advanced Monitors Corporation Coffee Break</i>	
<b>10:40 – 11:40</b>	<b>Applications for Objective Lameness Evaluation Analysis (Sports Horses)</b>	Andy Fiske-Jackson
<b>11:40 – 12:40</b>	<b>Latest Developments in Orthopaedic Therapies – Polyacrylamide, Resveratrol, Pro-Stride, IRAP, Allogeneic Stem Cell Therapy, PrP etc.</b>	Andy Fiske-Jackson
<b>12:40 – 12:50</b>	Questions	
<b>12:50 – 14:00</b>	<i>Lunch</i>	

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### DAY 1 (continued)

<b>14:00 – 14:20</b>	<b>Overground/Dynamic Endoscopy Demonstration</b>	Fe ter Woort
<b>14:20 – 17:50</b>	Practical Sessions on live Horses in Small Groups <ul style="list-style-type: none"> <li>• <b>Distal Limb Ultrasound – Attendees to choose area to examine</b> Andy Fiske-Jackson <ul style="list-style-type: none"> <li>○ Digital Flexor Tendon Sheath &amp; Fetlock or</li> <li>○ Pastern Region</li> </ul> </li> <li>• <b>Upper Respiratory Endoscopy &amp; Overground Case Discussions</b> Fe ter Woort</li> <li>• <b>Objective Lameness Evaluation as part of the Lameness Examination</b> Equinosis</li> </ul>	
<b>16:30 – 16:50</b>	<i>Coffee Break</i>	
<b>17:50 – 19:00</b>	<i>Wine &amp; Cheese Reception</i>	

### DAY 2

<b>08:00 – 08:40</b>	<b>Which Heart Murmurs are relevant in Sports Horses</b>	Fe ter Woort
<b>08:40 – 09:40</b>	<b>Practical Equine Rehabilitation – A review of Available Modalities</b>	Andy Fiske-Jackson
<b>09:40 – 10:20</b>	Exercise Testing – Identifying Subclinical Problems in Sports Horses	Fe ter Woort
<b>10:20 – 10:30</b>	Questions	
<b>10:30 – 11:00</b>	<i>Eickemeyer Equinosis Coffee Break</i>	
<b>11:00 – 11:40</b>	<b>Contentious Issues in Sports Horse Pre-Purchase Examination</b>	Andy Fiske-Jackson
<b>11:40 – 12:40</b>	<b>Feeding the Competitive Athlete</b>	Fe ter Woort
<b>12:40 – 12:50</b>	Questions	
<b>12:50 – 14:00</b>	<i>Lunch</i>	
<b>14:00 – 17:30</b>	Practical Sessions on live Horses in Small Groups <ul style="list-style-type: none"> <li>• <b>Objective Lameness Evaluation as part of the Pre-Purchase Exam</b> Equinosis</li> <li>• <b>Exercise Testing – Heart Rate Monitoring, ECG Analysis, Lactate Measurements etc.</b> Fe ter Woort</li> <li>• <b>Ultrasound of the Stifle Region</b> Andy Fiske-Jackson</li> </ul>	
<b>16:10 – 16:30</b>	<i>Coffee Break</i>	
<b>17:30 – 17:50</b>	Questions, Discussions & Final Comments	